



Bullying Statement



Bullying is the act of constantly being rude or nasty to somebody which can effect a person's wellbeing in a terrible way. There are different types of bullying and if you ever feel like you are being bullied you must inform your trusted adult or a member of the H&WB committee.

Physical bullying	Verbal bullying	Social bullying	Cyber bullying
Hitting, kicking, spitting, pushing, tripping, blocking. Stealing or destroying someone's possessions.	Teasing, insults, jokes, taunting, mean comments, threatening. Commenting about someone's body or physical characteristics.	Ignoring, spreading rumors, embarrassing someone, lying about someone. Sharing information or images that will have a harmful effect on the other person.	Making online threats, posting hurtful things, spreading comments or rumors. Sharing hurtful texts, images, videos or emails about someone.